

[Front]

1. **Safety Review** [suggested]

- a. Obey all traffic laws (e.g. stop at red lights, rolling stop with caution at stop signs).
- b. Single file when necessary (never more than two across), including when vehicles are overtaking (“car back”).
- c. Pay attention to rider in front of you, maintain safe spacing (generally one wheel width to one bike length) and don’t overlap wheels.
- d. Shout out and/or use hand singles to notify other riders of road / traffic hazards and when slowing or stopping to other riders.
- e. On well trafficked roads, when a single group of riders exceeds 8 bicycles, consider leaving gaps between subgroups of 10-20 car lengths to allow vehicles to “leap frog” instead of trying to pass the entire group at once.

[Rear]

2. **Group Riding Etiquette Review** [suggested]

- a. When there is a gap, notify lead rider by relaying “GAP” to rider in front of you.
- b. If rider(s) are left behind at light or road crossing, relay “RIDERS BACK” to rider in front of you. When applicable, riders left behind should shout out “riders back” and riders not delayed should slow down/soft pedal until they hear “we’re on” from the delayed riders, which should be relayed to rider in front of you.
- c. **ALL Riders** are responsible for helping to insure the safety of the group, and especially, the rider immediately behind them.
- d. Depending on your position in the group, riders may have additional responsibilities:
 - (1) **First Rider** is also responsible for calling out road hazards, “car left/right” or for cars approaching intersections from the sides, “car up” (when appropriate), approaching pedestrians “walker/runner up”, etc.
 - (2) **Second Rider** is also responsible for checking back for gaps and riders that may have been left behind and notifying the first rider to adjust speed or come to a safe stop.
 - (3) **Last Rider** is also responsible for watching for cars approaching from the rear (“car back”) and when the group is making a left turn or moving to another lane in a multi lane road, shouting out “I have the lane” after first being reasonably satisfied that cars approaching from rear will either stop, slow or safely pass the group on the right.